

# Glen A. Roberts

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## PROFESSIONAL SKILLS PROFILE

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- Experience in Individual and Group Counseling
- Maintains Active Professional Liability Insurance
- Renders Ethical DSM-5 Diagnosis/Treatment Plans
- Knowledge of HIPAA & the ACA Code of Ethics
- Experience with CBT, ACT, MI, & Existentialism
- Addictions & Recovery Counseling Knowledge
- Exhibits Professionalism & Intercultural Fluency
- Serves Diverse Cultures & Socioeconomic Clients

## EDUCATION

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**PhD in Counselor Education and Supervision (CACREP)**, Liberty University, Lynchburg, VA August 2024 – Present

- **Relevant Coursework:** Advanced Theory Applications, Advanced Research Design, Supervision and Consultation, Instruction in Counseling, Dissemination of Research and Scholarship in Counseling, Counseling Leadership and Advocacy, Advanced Group Counseling

**MA in Clinical Mental Health Counseling (CACREP)**, Liberty University, Lynchburg, VA December 2023

- **Honors:** *cum laude*, Rho Eta Sigma Epsilon Chapter of Chi Sigma Iota
- **Relevant Coursework:** Ethical & Legal Issues in Counseling, Human Growth & Development, Clinical Diagnosis & Treatment Planning, Substance Abuse: Diagnosis, Treatment & Prevention, Multicultural Counseling, Spiritual Integration, Crisis Counseling, Psychopathology, Group Counseling, Family Systems

**MS in Cybersecurity**, Utica University, Utica, NY May 2016

- **Honors:** *cum laude*, Dean's List
- **Concentrations:** Computer Forensics; Offensive Cyber Operations

## RELEVANT CLINICAL EXPERIENCE

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**Counselor**, Insight House, Utica, NY July 2024 – Present

- Conducts individual adult and adolescent therapy sessions
- Conducts adult group therapy sessions focusing on trauma
- Applies appropriate documentation procedures & ensure confidentiality by adhering to HIPAA & the ACA Code of Ethics
- Actively engage in professional counseling to build therapeutic relationships with clients by utilizing supervisor feedback

**Intern**, Insight House, Utica, NY May 2023 – December 2023

- Fulfilled 600 total clock hrs. by integrating theories & techniques learned in the classroom into a real clinical setting
- Self-evaluated & processed supervisor feedback to build competencies & transition from trainee to professional practitioner
- Developed ethical & targeted interventions for clients weekly when rendering a DSM-5 diagnosis or treatment planning
- Utilized Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Motivational Interviewing by helping recovering addicts explore their thoughts, emotions, & behaviors

**Practicum Student**, Insight House, Utica, NY January 2023 – May 2023

- Completed 100 clock hrs. through direct client contact, observation, & co-therapy sessions to gain clinical experience
- Applied appropriate documentation procedures & ensure confidentiality by adhering to HIPAA & the ACA Code of Ethics
- Engaged in co-therapy sessions by participating in supervised therapeutic processes to develop treatment planning skills
- Actively engaged in professional counseling to build therapeutic relationships with clients by utilizing supervisor feedback

## TEACHING EXPERIENCE

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**Adjunct Lecturer, Cybersecurity**, Touro University August 2020 – May 2021

- Development and delivery of online classes for the Master's Certificate Program in Healthcare Cybersecurity
- CYB601 – Network Security (Online)
- CYB602 – Cloud Security (Online)
- CYB603 – IoT Security in Healthcare (Online)

**Adjunct Lecturer, Cybersecurity**, Utica College April 2017 – August 2020

- Development and delivery of online classes for the undergraduate and graduate Cybersecurity programs

- CYB362 – Information Systems: Threats, Attacks, and Defenses (Online)
- CYB438 – System Vulnerability Assessments (Online)
- CYB439 – Introduction to Malware Analysis (Online)
- CYB505 – Foundations of Computing for Cybersecurity (Online)
- CYB642 – Access Methods and Data Hiding (Online)

**Adjunct Instructor, Cybersecurity**, Mohawk Valley Community College

August 2015 – May 2016

- CII104 – Introduction to Cybersecurity (Hybrid)

## **PUBLICATION**

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### **Published**

Roberts, G. (2025). Anxiety disorders. In Candace McLain and John A. King (Eds.), *Psychopathology: A professional counseling perspective*. Kendall Hunt Publishing. Roberts, G. Peer Reviewer.

Roberts, G. (2025). Ethics and legal issues related to psychopathology and diagnosis. In Candace McLain and John A. King (Eds.), *Psychopathology: A professional counseling perspective*. Kendall Hunt Publishing. Roberts, G. Peer Reviewer.

### **Submitted/Accepted/In Progress**

Roberts, G. (Submitted October 24, 2025). Humor in counselor supervision: An empty PRISMA systematic review. *Journal of Professional Counseling: Practice, Theory & Research*.

Roberts, G. (Submitted May 11, 2025). Humor in counselor supervision: An empty PRISMA systematic review. *Journal of Creativity in Mental Health*.

Roberts, G. (Submitted April 23, 2025). Humor in counselor supervision: An empty PRISMA systematic review. *Counselor Education and Supervision*.

## **PRESENTATIONS**

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### **Presented**

Roberts, G., & Switzer, R. (November 2025). *The role of humor in supervision: Building stronger supervisory relationships* [Three Hour Workshop], Association for Creativity in Counseling's 2025 Annual Conference, Virtual.

Roberts, G. (October 2025). *The role of humor in supervision: Building stronger supervisory relationships* [25 Minute Poster Session], Association for Counselor Education and Supervision 2025 Conference, Philadelphia, PA.

### **Submitted/Accepted/In Progress**

Roberts, G. (Submitted October 29, 2025). *Crossing the line or building the bridge? Humor, power, and presence in clinical supervision* [1-Hour Presentation], Association for Applied and Therapeutic Humor Annual Conference and Humor Academy, San Diego, CA.

Roberts, G. (Submitted October 30, 2025). *Finding light in the work: Integrating humor into clinical supervision*, [1-Hour Presentation], 2026 AMHCA Annual Conference: Rooted in the Past, Growing Towards the Future, Portland, OR.

## ADDITIONAL EXPERIENCE

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- Lead Technologist/Program Manager**, Booz Allen Hamilton, Rome, NY March 2022 – Present
- Consult with and assist the RIGB group of the Air Force Research Lab/Rome Research Site
  - Administrated \$26 million transition program of a capability to operational units
  - Coordinate various military groups and defense contractors
  - Increased contract revenue by 30% in one fiscal year
  - Mentor both officer and enlisted members of the United States Air Force in management
- Head Coach – Track & Field/Cross Country**, Adirondack High School, Boonville, NY September 2021 – March 2024
- Coached girls’ and boys’ varsity indoor track & field and cross country running teams
  - Led girls’ varsity cross country team to 2022 Center State Conference Championship
  - Guided two varsity girls’ cross country runners in the 2021 and 2022 New York State Championship
- Project Manager**, Zel Technologies, Rome, NY January 2020 – March 2022
- Consult with and assist the RIGB group of the Air Force Research Lab/Rome Research Site
  - Coordinate various military groups and defense contractors
  - Mentor both officer and enlisted members of the United States Air Force in management
- Project Manager**, Assured Information Security, Rome, NY November 2017 – January 2020
- Project manager for the Systems Analysis and Exploitation group focusing on both classified and unclassified contracts
  - Coordinate various military groups and defense contractors
  - Mentor team members
  - Focus on cost, schedule, and performance
- Reverse Engineer**, Assured Information Security, Rome, NY June 2015 – November 2017
- Member of the Systems Analysis and Exploitation group
  - Performed reverse engineering, vulnerability assessments, and penetration tests
  - Developed and delivered CSIAC webinar, “Recent Data Breaches - Lessons Learned”, <https://www.csiac.org/podcast/recent-data-breaches-lessons-learned/>
- Detective**, Pennsauken Police Department, Pennsauken, NJ January 2014 – June 2015
- Investigation of crimes
  - Administration of departmental Information Technology
- Patrolman**, Pennsauken Police Department, Pennsauken, NJ January 2014 – June 2015
- Extensive experience investigating a wide variety of criminal cases and traffic-related incidents
  - Member of the K-9 Unit
  - Certified Emergency Medical Technician (EMT)
  - Received five Awards for Service Excellence from the Fraternal Order of Police, and a departmental award for Distinguished Expert Marksman
  - Instrumental in the deployment of mobile computers in the patrol vehicles and have been responsible for their maintenance and security since
  - Worked with vendors in the deployment and maintenance of the Archonix Systems software
  - Assisted with the selection, installation, and deployment of the Panasonic Arbitrator 360 camera system in four patrol vehicles, as well as the creation of a standard operating procedure, training plan, and hands-on training of personnel
  - Researched and implemented an open-source email server/system, saving the department approximately nine thousand dollars
  - Management of Information Services Unit budget and resources
  - Management and training of Information Services Unit personnel
  - Performance of risk and vulnerability assessments to identify potential security risks
  - Assessment new systems design methodologies to improve software quality
  - Responsible for the training of personnel in the use of software and technologies
  - Evaluation of existing and proposed systems, networks, and software designs to mitigate potential security risks
  - Implementation and analysis of security requirements for information technology systems and networks to ensure compliance with regulations

- Enlisted Member**, United States Navy September 1990 – February 1993
- Advanced to E-4/Petty Officer Third Class – Launch & Recovery Equipmentman (ABE-3)
  - Served aboard the USS John F. Kennedy CV-67
  - Veteran of Desert Shield/Storm
  - Liberation of Kuwait Medal recipient
  - Recipient of Letters of Commendation from the Captain of the USS John F. Kennedy CV-67 and the Admiral of the Sixth Fleet

## **PROFESSIONAL LICENSURE/CERTIFICATIONS**

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- Mental Health Counselor – Limited Permit (MHC-LP) P133095** December 2024 – Present  
New York State Office of the Professions
- Credentialed Alcoholism and Substance Abuse Counselor – Trainee (CASAC-T) CASAC-T-39976** January 2025 – Present  
New York State Office of Addiction Services and Supports (OASAS)
- USATF Cross Country Specialist** August 2021 – Present  
United States of America Track & Field
- USATF Level I Track & Field Coach** June 2021 – Present  
United States of America Track & Field
- Project Management Professional (PMP) 2271230** January 2017 – Present  
New York State Office of Addiction Services and Supports (OASAS)
- Police Officer** April 1999 – June 2015  
State of New Jersey Police Training Commission

## **PROFESSIONAL MEMBERSHIPS**

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- Professional Member, American Counseling Association September 2021 – Present
- Professional Member, Association for Counselor Education and Supervision January 2025 – Present
- Professional Member, American Mental Health Counselors Association October 2025 – Present
- Professional Member, Association for Applied and Therapeutic Humor October 2025 – Present
- Member, International Society for Humor Studies October 2025 – Present